



CHEERIO ADVENTURES PROGRAM DESCRIPTIONS



Explorer Washington (11 days) Ages 14-17

This eleven day trip sends campers to wild and scenic Washington State. Campers will spend two days backpacking along the rugged Pacific Ocean coast line. An overnight sea kayaking adventure in the San Juan Islands will bring campers up close to an abundance of marine life. Time will be spent exploring rainforests, climbing to beautiful views, hunting for the elusive geoduck, seeing the sights of Seattle, and much more.

Sampler (7 days) Ages 10-12

Samplers are an introductory program for 10-12 year olds. As the name implies, campers sample five different adventure activities such as backpacking, canoeing/kayaking, whitewater rafting, rock climbing and caving.

Allegheny Passage (7 days) Ages 12-14

This trip occurs in the beautiful and exciting area of Ohio/pennsylvania. As with the Samplers the campers will be able to participate in a variety of activities including: rafting on the Youghiogheny River, backpacking, rock climbing, and biking on the Great Allegheny Passage trail.

New River Adventure (14 days) Ages 12-14

This is a basic two week course divided into three mini-programs: backpacking/rock climbing, canoeing/kayaking/rafting/caving, and mountain biking. During each of these four day mini-trips, the group will pedal, hike, or paddle to their campsite for the night. Between each mini-program, campers return to the New River Outdoor Center (NROC) to rest, play games, pack and prepare for the next segment.

Rock Climbing/Rafting (7 days) Ages 13-15

Thrills and challenges abound in this one week program. For two days campers will climb in the New River Gorge reaching heights many only dream about. The other three days will be spent rafting down the New River Gorge and the Gauley River for excitement on class III - V rapids plus a chance to look upon the sheer cliffs they will be climbing.

Cave/Raft (7 days) Ages 13-15

This program puts dirt and water together to create muddy fun. Campers will walk, squirm, scramble, crawl and inch their way through several caves in VA and TN. Rafting will be on the New River Gorge in West Virginia and Nolichucky River in Tennessee. Campers will help navigate a raft through Class III - V rapids while enjoying the magnificent gorges.

Kayak, Climb and Cave (7 days) Ages 11-13

For those who look for the wilder things in life, this program offers an abundance of thrills. Campers will kayak for two days on the New River in class II rapids then spend two days climbing the cliffs of Table Rock and Linville Gorge and spend a day of caving in a large natural cave hosting a variety of formations, creek, and cave life. This trip will travel between the states VA, NC, and TN.

Seekers (14 days) Ages 13-15

Seekers is an intermediate level program offering a greater challenge. The group stays out in the field for longer periods, climbs more challenging routes, paddles for several days on rivers, crawls through wild caves and takes on more responsibility for the welfare of the group. The program will be spent backpacking, rock climbing, canoeing, kayaking, rafting, caving and mountain biking in the mountains of NC, VA, TN & WV.

Mountains to Sea (14 days) Ages 14-17

For campers who want both, this program takes place in the mountains and on the coast of NC. Campers spend a week in the mountains of NC backpacking, rock climbing, caving, canoeing and rafting; followed by a week on the coast of NC sailing, surfing, sea kayaking, playing on the beach and wind surfing.

Ocean Odyssey (11 days) Ages 13-15

Eleven days of activities on the Coast of North Carolina for those who like the water and sun! Campers will spend several days sailing, cruising the coast on large cruisers, wind surfing, surf kayaking, sea kayaking, surfing, and participating in other ocean activities. Of course, there will be time for the beach!